October/November 2010 - Woodfield Crier

Welcome – We would like to warmly welcome new residents who have moved into our community.
Alan and Betsy Miller 5 Hearthstone Blvd. 893-7587 amiller2284@comcast.net
Please add them to your directory.

Late - Yes, this is the October/November newsletter and, admittedly, it is very late. Working a full-time job, traveling, and entertaining family caught up with me and, as hard as it is to say, I must admit that I just can't do all that I once did. The job (filling in for a friend who had surgery) is over, vacation is done (for now), and, our daughter has returned to her home in Florida (where we will visit again sometime during the winter months). But before we get caught up with the hustle and bustle of the holiday season (and Dennis once again docks my pay) I wanted to get one more Crier out to all of you. Hopefully future months will be on time.
Connie

Thank You and Congratulations – Thank you to Donna Briggs who has served our community for several years. Before being elected to the Board of Trustees, Donna volunteered her time to serve on the ARB. Donna has given much to this community and her efforts are deeply appreciated.

To all Board members, including newly elected Gary Dob, we offer our congratulations and thank you for your service to our community.

November/December/January Birthday Greetings – November: 4 Jeannette Perkins; **6** Debbie Christopher, Gary Argraves; **10** Doug Nice; **11** Marlene Murray; **15** Harry Eberle; **16** Ann Hill; **23** Pat Brettler; **29** Tom On **December: 3** Roy Vereen; **7** Evelyn Anthony and Judy Bariexca; **9** Richard Robinson; **12** Joan Robertson; 14 Nick Sebasto, Andy Comba, and George Ousbin; **16** Kevin Mulligan, **26** Barbara Poltrino. **January: 1** Linda Lugo; **4** Sandy Minton and Bruce Buzalski; **7** Josefina Mendonez and Lois Sickles; **23** Emmett Murray and Bob DeGeorge; **25** Carol Sampson and Dotty Zarycky; **26** Barbara Poltrino; **28** Melanie Caracci; **29** Joel Preston; **31** Jewelie Hicks and Bob Vannozzi.

November/December/January Anniversaries – **December: 4** Al and Babs Kernagis**; 7** Bruce and Sharon Ostrofsky; **12** Richard & Barbara Tomlinson and Jeff and Pat Brettler; **14** Richard & Jean Robinson; 24 Joe and Lois Adamczyk and Howard and Jeanne Smith. **January: 8** Jerry & Diane Zerns**; 12** Al & Stephanie Yeager and Tom and Janet Peeples

Congratulations one and all.

Season to Share Our Blessings: A girlfriend of ours has played Santa, along with many volunteers, for the past 30 years. The names, addresses, and needs of **over 200 children** are annually given to her by local school teachers. With the economy as it is, we have to count our blessings and open our hearts to these children that would otherwise have no Christmas without the generosity of people such as you. It is an amazing experience to witness the generosity of so many and an incredible feeling to give to these children who literally have nothing. Please open your hears and help give a child a memorable Christmas. Every year many friends gather to sort and wrap. They give up their Christmas Eve to personally deliver (dressed as Santa) all donated items to these families. As you can imagine this is a huge undertaking. In order for our friend to coordinate this event I will need to deliver the gifts to her by December 8th. If you would like to donate to this extraordinary, heart-warming gift drive, please bring your unwrapped donation(s) to our house (13 Tommy's Meadow) before 5PM on the 8th. If you are unable to bring it to us, we will be happy to swing by and pick up any contribution you may have. Anything and everything is appreciated, but some suggestion are: clothing for all ages and sizes including coats, hats, gloves, scarves, socks, sweats, t-shirts for boys. Teenage girls love "girlie things", make-up, journals, and purses, along with necessities. Of course all kids love toys – what's Santa without a toy. Anything you can contribute would be **greatly** appreciated. Not only will you be giving these children Christmas, you will realize the true meaning of the holiday.
Thank you and Happy Holidays. – Al and Babs Kernagis 726-1145.

Club House Activities – **The October-** Halloween Party was a big success. Several community members joined together to celebrate Halloween with a variety of costumes, from Batgirl and Robin to a granny in her night clothes. As usual there was a lot of great food, and much laughter. Wilma Zane and a few others were on hand taking pictures. If you were unable to attend, be sure to catch Wilma, she'll be more than happy to share the photos with you.

December: The Bedell Clubhouse will be decorated for the holidays on Wednesday, December 8th. If you would like to participate in this activity, please come to the clubhouse by 10:00 A.M. A pizza lunch will be provided around 12:00.

Santa and Mrs. Clause will be returning to our community on Sunday, December 12th from 12:00 to 3:00. Grandparents will not have to purchase a gift this year, as Santa will be providing a small present for each child. All community members are welcome to attend this fun event, even if you don't have young children. It's wonderful to recapture the magic of holiday through a child's eye. Refreshments will be provided, and Paul Zane will be on hand with his trusty camera taking pictures of children and families gathered around Santa.

Cookie Exchange – A community wide cookie exchange has been planned for Monday, December 13th from 7 to 9 PM at the clubhouse. Everyone loves cookies and this is an excellent way to have a variety in your home for the holidays. All participants are asked to make 7 dozen cookies (all the same kind). Please bring your cookies in 12 plastic bags of ½ dozen each and one dozen cookies on a dish to share that evening. You are encouraged to include your recipe, although that is not mandatory. Please RSVP to Wilma Zane at your earliest convenience. Bring your favorite beverage; coffee will be provided.

New Year's Eve - Come celebrate the New Year at our annual BYOB New Year's Eve party. This year's theme will be Dancing Under the Stars with music provided by Paul Zane. The festivities will begin at 8:30. There is no charge for this event; attendees are asked to bring an appetizer or dessert. Please call Sally Ann (726-0034) by December 27th to let her know what you will be bringing. Water, soda, and coffee will be provided.

New Year's Day – Wilma Zane and Cathy Geysen will be coordinating the annual BYOB New Year's Day Pot Luck Dinner. Anyone who is planning to attend is asked to contact Wilma (248-5616) or Cathy (321-6323) by December 27th to let them know what dish you would like to share. As in previous years there will be no charge for this event. Doors open at 5 P.M.

Taste of the Nations – Last year this event was such a huge success we decided to try it again. Please reserve **Sunday, January 30th** (it's ok – there's no football that day) to come to your clubhouse and share a dish that represents your heritage. Everyone is encouraged to bring whatever you would like – an appetizer, a main dish, or a dessert. Coffee, soda and water will be provided. We plan to start at 5:00 P.M.

Annual Clubhouse Super Bowl Party – Sunday February 6th. Time and details to be announced in the next newsletter.

Caroling – If you would like to go Christmas Caroling throughout the community, on **Thursday, December 16th at 7:00 PM.** contact Connie King. A good voice is **definitely not needed** – just good old Christmas spirit. Don't remember the words – no problem – song sheets will be provided, but you may want to bring a flashlight. For those of you who would rather be sung to, please leave your front porch light on and the carolers will stop by. **As we go along we will be collecting nonperishable food items to deliver to a local food bank.** If you aren't going to be home you could leave a can by your front door. We will be sure to get it. Last year was cold but we did have fun. Through your generosity we collected a truck load of food which was delivered to a food bank in town.

Pemberton Borough's Annual Senior Holiday Dinner and Presentation – Pemberton Borough has announced it will hold their annual Senior Holiday Dinner on **Wednesday, December 8th at 5:30 PM. at the Municipal Building**. Physical Therapist, Jen Steff, will speak on the topic of "Exercise for Everyone". This event is open to all Pemberton Borough residents who are 50 and older ONLY. It is on first come-first served basis. Please **DO NOT CALL FOR RESERVATIONS**.

The **animal shelter** on Woodlane Rd. in Westampton is need of pet food, newspapers, towels, or old blankets. They are open most days until 5 PM and weekends half days.

FYI – DO NOT dial Area Code 809. 809 is a legitimate area code for the Dominican Republic. The charges afterward can become a real nightmare. If you complain, both your local phone company and your long distance carrier will not want to get involved – you did make the call. The scam usually involves a family member or friend who needs your assistance.

One of the newest viruses circulating is the UPS/Fed Ex Delivery Failure. You will receive an e-mail from this service along with a packet number. It will say that they were unable to deliver a package sent to you on such-and-such a date. It then asks you to print out the invoice. Do not do this. Call the company to verify the existence of a package, etc.

Power Washing – Neighbors, I would just like to let anyone who may be interested in having their home power washed that we used an excellent company called Magic Pro Painting (888-298-2961). They are not cheap but they do a spectacular job. They are thorough, neat and very professional. They even removed all of the black stain from our gutters. I thought it was worth mentioning. We interviewed a number of companies and fortunately chose them. Bob Vannozzi, 1 Tommy's Meadow.

Did you Know - Diane Zerns sent me a fantastic tip for re-using plastic bottle caps that is worth sharing with everyone. Cut a disposable water (or similar) bottle, keeping the neck and top intact. Insert a plastic bag up through the neck and bottle opening. Be sure to have some of the plastic bag hang over the neck. Screw the top to seal. This is a great way to store rice, dry beans, etc.

For Your Health – Fighting the Common Cold and Flu: Myths and Science – It's cold and flu season – a time when many spend dear dollars on remedies and preventives such as elderberry, garlic, vitamin E, and selenium – none of which have been shown to work. Unfortunately, there are NO complementary and alternative medicines with solid science supporting their ability to prevent or treat colds or flu. Yet, there is some research suggesting a benefit from: **Echinacea** – many help treat cold in adults, although three U.S. government-funded studies have found that Echinacea does not help prevent or treat colds. **Vitamin C** – no studies have been done in children, but research suggests vitamin C supplements may help treat colds in adults. **Zinc** – several studies suggest taking 70 mg per day of zinc in lozenges can help shorten colds. What are the most effective steps you can take to fight colds and flu? 1.

Frequent hand washing with soap and water or an alcohol based hand gel. 2. Keep your hands away from your eyes, nose, and mouth. 3. For a cold, consider taking vitamin C supplements and zinc acetate lozenges (70 mg daily) until symptoms improve. 4. Get a flu vaccine. *Source: National Center for Complementary and Alternative Medicine – William J. Mayer, MD, MPH*

Cooking Tip – Outsmart curling parchment paper – Grab four refrigerator magnets and place one on each corner of a parchment paper-lined baking sheet. With the paper firmly attached to the metal, dispensing cookie dough will be a breeze. (Be sure to remove the magnet before baking!)

Recipe Corner **Savory Vidalia-Green Bean Toss**

½ lb. green beans, trimmed
1 shallot, peeled and halved
1 Tbs. Dijon mustard
1 yellow pepper, seeded and quartered
¼ cup prepared Vidalia onion dressing

In a 2 qt. saucepot, cook green beans in 2 qts. Salted boiling water 4 min., or until crisp-tender. Drain. Rinse under cold water; pat dry. Arrange green beans on serving platter. Broil (grill in warmer months) peppers and shallots 6 min., or until tender, turning frequently; chop coarsely. In a bowl, combine onion dressing and mustard. Add chopped peppers and shallots. Top green beans with dressing mixture. Serves 6.

Up-Coming Events:

December 8 Decorate the clubhouse 10 AM
December 12 Santa comes to the clubhouse 12-3
December 13 Cookie exchange
December 16 Christmas caroling
December 31 New Year's Eve Party 9:00 to ? - Clubhouse
January 1 New Years Day Pot Luck Dinner 5:00 PM - Clubhouse

Community Calendar of Events:

December 8th Pemberton Borough Senior Holiday Dinner
December 10th Mt. Holly Auxiliary to Virtua Memorial Hospital is holding a Luncheon Tea/Tour at the Smithville Mansion. The Mansion will be decorated for the holidays and a quilt made by Hearthstone resident, Jean Robinson, will be on display in the sewing room. – Cost $25.00. If you would like to attend or need further information, please contact Connie King.
Starting December 3rd Champagne Charlie – Hanover Street Theatre

There will **be no association meeting in December**. Beginning in January 2011 association meetings will be held on Monday evenings.

Frequently Asked Questions - Management Co.

Clubhouse Rentals: Fees are $75.00 for half day and $150.00 for a full day. Must be a resident and provide proof of insurance. Contact Sally Ann Quinlan for more information..
Trash Pick-up: Thursday
Recycle Days: Every other Thursday (obtain a schedule from the Borough)

ARB Committee: Pemberton Borough Offices –	894-8222	
Pemberton Borough Electric, Water & Sewer -	894-8222	
Pemberton Post Office -	894-2686	
Pemberton Borough Police (Nonemergency)	894-2632	Emergency **911**
PSE&G – Gas Customer Service	1-800-436-7734	
Comcast Cable Customer Service	1-856-354-1660	
Verizon Customer Service	1-800-287-9966	

US Congressman:	**3rd District:**	John Adler
US Senators:		Frank R. Lautenberg and Robert Menendez
State Senator:	**8th District:**	Philip E. Haines
State Assembly:		Scott Rudder
		Dawn Marie Addiego